



# SUMMER SPORT CLINICS



ATR Sports is proud to offer All-Day, All-Summer Sport Clinics on the UCCS Campus at I-25 & Garden of the Gods Road.

Weekly clinics will focus on sports skills, game play, fitness and fun! Children will be grouped based on age and skill level to ensure safety. Choose either a Cross Training or Sport Clinic each week to ensure fun-filled activity for each child, every day, all summer!



Clinics will be held from 9 AM - 4 PM for Ages 7 - 14  
Athlete Tuition (weekly): \$170 + \$20 non-refundable deposit

**Cross Training Clinics** - A different theme each week for the child that wants to stay active and have fun by learning and playing of a variety of sports and games each day throughout the summer.

**Sports Clinics** - The next step in athletic development. Each clinic will teach individualized fundamentals of football, basketball, soccer, baseball/softball or field hockey. Weekly sessions will include scrimmages, challenges, drills and sport-specific fitness components led by an ACSM-certified trainer.

Clinics include swimming and downtime daily; weekly training on nutrition, fitness & body mechanics.

CLINICS WILL BE  
ALL-DAY  
ALL-SUMMER



ASK ABOUT FAMILY  
RATES ON BEFORE  
OR AFTER CARE

## CLINICS OFFERED

- 6/01-6/04 (Wk 1) - CROSS TRAINING
- 6/07-6/11 (Wk 2) - FOOTBALL OR CROSS TRAINING
- 6/14-6/18 (Wk 3) - BASEBALL OR CROSS TRAINING
- 6/21-6/25 (Wk 4) - SOCCER OR CROSS TRAINING
- 6/28-7/02 (Wk 5) - BASKETBALL OR CROSS TRAINING
- 7/05-7/09 (Wk 6) - CROSS TRAINING
- 7/12-7/16 (Wk 7) - PRO FOOTBALL CAMP\* OR CROSS TNG
- 7/19-7/23 (Wk 8) - FIELD HOCKEY OR SOCCER OR CROSS TNG
- 7/26-7/30 (Wk 9) - BASKETBALL OR CROSS TRAINING
- 8/02-8/06 (Wk 10) - FOOTBALL OR CROSS TRAINING
- 8/09-8/13 (Wk 11) - CROSS TRAINING

\*ATR SPORTS IS A PARTNER WITH THE PRO FOOTBALL CAMP.

For info, visit [www.atrsports.org](http://www.atrsports.org) or email [dustin@atrsports.org](mailto:dustin@atrsports.org).

